Child and Youth Behavioral Military & Family Life Counseling (CYB-MFLC) Services

This letter is to inform you about the Child and Youth Military & Family Life Counseling (CYB-MFLC) Program services. Due to the unique challenges faced by military families, the Department of Defense is offering this private and confidential non-medical counseling service to Service members, families, children, and staff of Child and Youth Programs and local schools.

The CYB-MFLC may support staff and work with children and families in the following ways:
- Observe, participate and engage in activities with children and youth
- Provide direct interaction with children
- Model behavioral techniques and provide feedback
- Suggest courses of age appropriate behavioral interventions to enhance coping and behavioral skills
- Outreach to parents when they drop off or pick up their children or at family events
- Available for parents to contact for guidance and support
- Facilitate psycho-educational groups
- Conducts training for staff and parents
- Recommend referral to military social services and other resources as needed

CYB-MFLC’s may assist parents, teachers, staff, and children in the following ways:

<table>
<thead>
<tr>
<th>Communication</th>
<th>Self-esteem/self-confidence</th>
<th>Resolving conflicts</th>
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</thead>
<tbody>
<tr>
<td>Behavioral management techniques</td>
<td>Deal with their angry feelings</td>
<td>Bullying</td>
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<tr>
<td>Sibling/ parental relationships</td>
<td>Deployment issues</td>
<td>Reintegration issues</td>
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The counselor is available to accommodate appointments and meetings/activities after hours and on weekends with advance notice.

At no time will the counselor meet individually with a child without being in sight of a staff member or a parent/guardian.

Please return to the Front Office or the MFLC in Rm 425

Killeen High School, 500 N. 38th Street, Killeen, TX 76543

I acknowledge that a CYB-MFLC is available and AUTHORIZE/ DO NOT AUTHORIZE (Circle one) _________________________ to receive CYB-MFLC support.

______________________________          ___________________________  
Parent/Guardian Signature                  Date