

POWER HOUR

Power Hour is time during the school day during which students may eat lunch, attend tutoring, go to club meetings, or participate in a number of other activities. It is designed to allow students to make the most out of their lunch time and receive the extra help they need without having to stay after school as often.

Period	Time	Block	Time
CCZ - 0 hour	7:25 - 8:15 (50)		
1	8:50 - 9:40 (50)	1-3	8:50 - 11:18 (148)
2	9:44 - 10:29 (45)	1-2	8:50 - 10:29 (99)
3	10:33 - 11:18 (45)	3-4	10:33 - 12:07 (94)
4	11:22 - 12:07 (45)	2-4	9:44 - 12:07 (143)
Lunch Power Hour A	12:07 - 12:37 (30)		
Lunch Power Hour B	12:37 - 1:07 (30)		
5	1:23 - 2:13 (50)	5-6	1:23 - 3:04 (101)
6	2:17 - 3:04 (47)	6-7	2:17 - 3:55 (98)
7	3:08 - 3:55 (47)	5-7	1:23 - 3:55 (152)

**CCAM students eat lunch at KCC
 **CCAM students eat breakfast at KCC
 **CCPM students have Power Hour A Lunch at Home Campus and depart for KCC at 1:02 PM
 **CCALL students eat lunch at KCC
 * CCAM bus leaves at 1:15
 * CCPM bus leaves at 4:00

Pledges and the moment of silence will take place during 1st and 5th period.

AVAILABLE ACTIVITIES

This is a partial list of offerings for the 2021-2022 school year. This list is subject to change based on the teachers' schedules and the students' interest. **Be aware that not ALL activities are open to ALL students.** Please see the teacher for the membership requirements of their group or organization.

Business Professionals of America Cyber Patriot DECA FFA Test Prep (SAC, ACT, TSIA, ASVAB) Dungeons and Dragons Robotics Board Games Poetry Rhyme/Reason Literacy Club Walk for Health Piano/Music Craftsman Skills	HOSA National Technical Honor Society SkillsUSA TAFE Tutoring Guidance Center Esports Book Club Comic Book Club Card Games Economic Topics Current Events
---	--

PROCEDURES DURING POWER HOUR

Each day, a bell will ring indicating that Power Hour has started.

- Power Hour is divided into two sessions:
 - SESSION A: 12:10-12:40
 - SESSION B: 12:40-1:10
- A unique bell will ring at 12:40 PM to indicate that the "B" session has begun.
- Students have the opportunity to eat lunch and participate in activities or tutoring during these times. Activities are scheduled for 30 minute sessions (either the A or B time)
- A bell will ring at 1:10 to indicate the end of Power Hour. At this point, you have 5 minutes to report load buses and return to your home campus.
- Do not leave early.

CCPM students buses should begin arriving around 1:17 and they will go straight to their 5th period classes.

NOTES ABOUT POWER HOUR SCHEDULE:

- The most current Power Hour schedule of activities will be posted in each teacher's classroom, on the KCC school website, and in the common areas (on televisions and on posters).
- Students should **PLAN AHEAD** with their teachers, sponsors, and coaches so that they are certain of the activities in which they plan to participate each day.
- Student may be **REQUIRED** to attend tutoring. Your teachers will let you know when and where you are required to be for tutoring.
- You may only stop in the areas approved for eating or in the location of your activity.
- If a teacher is absent, your scheduled activity may be cancelled. You will need to report to another activity or go to the cafeteria.

ATTENDANCE DURING POWER HOUR

- Teachers will keep a record of each student that attends tutoring, meetings, or other functions during Power Hour. This will be done through the Hero system.
- Students will be scanned in and the time they entered the room will be recorded.

LUNCH DURING POWER HOUR

- A full lunch will be offered from 12:10PM-1:10PM every day.
- Students may get in line for lunch at any time.
- Students may get their lunch and then report to their activity. You do not have to remain in the cafeteria to eat.
 - Places that you may eat:
 - Cafeteria Commons Area
 - Courtyards
 - Classrooms
 - Hallways
 - Examples of places that you may not eat:
 - Stairwells
 - Front Lobby Foyer

- All students are responsible for cleaning up their trash and placing it in proper receptacles. Students caught littering will be placed in lunch detention and risk losing their Power Hour privileges for an extended period of time.
- Trash receptacles will be placed throughout the school and in each hallway. Do not throw food trash away in a teacher's classroom.
- **IT IS VERY IMPORTANT THAT ALL STUDENTS DO NOT ATTEMPT TO EAT SCHOOL LUNCH RIGHT AT THE BEGINNING OF POWER HOUR.** THE CAFETERIA LINES WILL BE VERY LONG. TRY DIFFERENT TIMES TO SEE WHEN THE LINES ARE SHORTEST.

TUTORING DURING POWER HOUR

- Tutoring will be offered in all courses from all teachers at a specified time.
- Tutoring will also be offered for EOC tested subjects during specified times of year.
- Check with your teachers and consult the schedule to find out when tutoring is offered.
- If you are falling behind in a class, or you have an assessment to make-up, a teacher may **REQUIRE** you to attend tutoring.
- **If you are required to attend tutoring, this takes priority over all other activities.**
- Teachers will assign students to tutoring in the Hero application and will inform you of when and where you are required to be.
- If you have been told to be in two tutoring sessions at one time, please notify both teachers. The teachers will communicate and give you your adjusted tutoring schedule.

CLASS SPECIFIC ACTIVITIES DURING POWER HOUR

- Class specific meetings, such as senior class meetings may take place during power hour from time to time.

CLUB AND ORGANIZATION ACTIVITIES DURING POWER HOUR

- Clubs, organizations, and honor societies will meet regularly during Power Hour.
- Some of these organizations have specific requirements for membership.
 - It is the student's responsibility to find out what is required.
- Some of these groups (particularly the honor societies) may have meetings that are required for membership.
- You are expected to attend all meetings for your club or organization.
- If you are scheduled to attend REQUIRED tutoring that causes you to miss a club or organization meeting, you are allowed to attend tutoring without any penalty or consequences. You will need to notify your club or organization sponsor so that they can verify your attendance at tutoring.
- If you have multiple clubs that meet at the same time, you will need to make a decision about which one to attend. You may be able to work something out with the teachers to alternate meeting attendance.

DAYS WITHOUT POWER HOUR

- There will be days during the school year when KCC will run a schedule with no Power Hour.
- Some examples of these days are:
 - The first 10 days of school
 - Weather delays
 - Early release days
 - Testing days
 - Assembly days
 - Advisory
- During these days, students will report to their assigned Activity class during the specified “A” or “B” session, which is tied to a student’s 4th period class. This lunch schedule will be provided to teachers.

LUNCH DETENTION DURING POWER HOUR

- A student may be assigned to lunch detention as a discipline consequence.
- Lunch detention may be assigned by any staff member.
- When a student is assigned lunch detention, the staff member will call home the same day.
- The student will be assigned a specific day (or days) for lunch detention.
- A teacher lunch detention will take place in the teachers classroom for 30 minutes.
- An administrator assigned lunch detention is for the entire Power Hour in room 104 and students will report to room 104 at 12:10.
- Students may bring their lunch or eat a cafeteria lunch.
- Students will walk in a line to the cafeteria, purchase lunch (if desired) and walk back to the classroom to eat.
- Students in lunch detention may not use electronics or socialize.
- Students breaking lunch detention rules are subject to more days of lunch detention, loss of Power Hour for the semester or year, and ISS/OSS.

Clarification on Terms

- **Power Hour** = The 60 minutes allocated in the middle of the day for lunch, clubs, activities, tutoring, etc. When we say we have a Power Hour day, students have the freedom to choose where they want to spend their time.
- **Activity** = Something a student participates in (club during Power Hour).
- **Activity Period** = “A” session or “B” session opposite of a student’s lunch.
 - Example: all students will remain in their Activity Period the first two weeks of school to learn the “nuts and bolts” of Power Hour and other campus expectations.
- **Advisory** = The time designated the first Tuesday of every month for character education opposite of a student’s lunch.